



# 2012 SEA TO SKY HIGH SCHOOL REGISTRATION PACKAGE

Thank you for your interest in the Fifth Annual Sea to Sky Cheerleading Championship, running March 30th – April 1st 2012. The International Cheer Alliance continues to promote and plan this event throughout Canada and the United States. Five years ago, it was our vision to have teams from all over Canada and America come to beautiful Vancouver for an extraordinary cheerleading experience.

This is the HIGH SCHOOL Registration Package. Please check and ensure that everything is filled out accurately. The sooner you are able to return your registration package and deposit, the sooner we can process your file and put together a firm schedule to help all of you with planning your weekend and communicating information to your athletes and families.

Once you're registered, we will send you further information regarding detailed aspects of the championship. This includes, but is not limited to, the schedule, events, updates, divisions and teams attending, etc...

## HOTEL BOOKINGS

The International Cheer Alliance is proud to partner with CSTT Sports Management International to provide you with professional hotel services. They will take care of all your hotel arrangements and allow easy access to a web based reservation service to make it easy for your families to book at the same hotels as you. Your team or program will be given your own user name and password for you to pass along to your team and parents to make booking and travel hassle free.

Visit their website at: [www.cstt.com](http://www.cstt.com)

[http://secure.cstt.com/Tournaments/HotelList\\_Results.php?eventid=4866](http://secure.cstt.com/Tournaments/HotelList_Results.php?eventid=4866)

## HIGH SCHOOL SCORESHEETS

Page 8 of this registration package contains the score sheet for school teams.

## COACHES PARTY



The Sea to Sky International Cheerleading Championship will count as a Qualifier under the Varsity Family Plan for the 2011-12 Season! Registration dollars collected for The 2012 Sea to Sky International Cheerleading Championship will not be included in rebate totals, however the event will count towards a gym's qualification status, helping gyms reach the 4 event, 3 brand Varsity Family Plan requirement.

Please do not hesitate to call or e-mail the office with any questions or concerns.

**Canada:** Liz Gigante-Ulrich, [seatosky.liz@gmail.com](mailto:seatosky.liz@gmail.com), 604-552-4924, 778-241-4436 (mobile)

**International:** Jibreel Rayam, [seatosky.jibreel@gmail.com](mailto:seatosky.jibreel@gmail.com), 253-740-0272

Sincerely,

The International Cheer Alliance  
[www.internationalcheeralliance.com](http://www.internationalcheeralliance.com)



# 2012 SEA TO SKY

## CONTACT INFORMATION, HIGH SCHOOL TEAMS, GROUP STUNT, AND INDIVIDUAL ENTRIES

### CONTACT INFORMATION

School/Team Name: \_\_\_\_\_ Gym/Club Phone: \_\_\_\_\_

Main Contact & Phone #2: \_\_\_\_\_

Fax: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Emails: \_\_\_\_\_

(Confirmation of registration, the performance schedule, and competition details will be sent to your e-mail)

### HIGH SCHOOL TEAM ENTRIES

HIGH SCHOOL TEAM ENTRIES - \$75 per athlete before Tues, Mar 1st or \$85 on/after Mar 2nd

Division of Competition	ALL GIRL	SMALL COED (1-4 MALES)	LARGE COED (5 + MALES)	Athletes on Team	Cost
MIDDLE SCHOOL					\$
JUNIOR HIGH					\$
SENIOR HIGH					\$

2 Coaches / TEAM attend free: \_\_\_\_\_

### SCHOOL GROUP STUNT TEAMS

**\$30 Per Person** in the Stunt Team, Divisions Offered: Senior, Junior, Youth, Mini (based on oldest participant)

Division:	Names (Max of 5):	Cost:
_____	_____	\$
_____	_____	\$
_____	_____	\$

### SCHOOL INDIVIDUAL ENTRIES

**\$50 Per Individual**, Divisions Offered: Senior, Junior, Youth, Mini and Tiny

Grade:	Name:	Cost:
_____	_____	\$
_____	_____	\$
_____	_____	\$
<b>Total Fees</b>		<b>\$</b>

Please send this FORM fully filled out by Tues., March 1st to:  
International Cheer Alliance, B3 – 1410 Parkway Blvd., Box #33, Coquitlam, BC V3E 3J7



# 2012 SEA TO SKY TEAM ROSTER & CROSS OVERS ONE PAGE PER TEAM

## TEAM ROSTER

Please List ALL Members of each team.

*We will also accept your team roster or a phone list to save you time – Print a copy and attach it to this Registration Form.*

1. _____	21. _____
2. _____	22. _____
3. _____	23. _____
4. _____	24. _____
5. _____	25. _____
6. _____	26. _____
7. _____	27. _____
8. _____	28. _____
9. _____	29. _____
10. _____	30. _____
11. _____	31. _____
12. _____	32. _____
13. _____	33. _____
14. _____	34. _____
15. _____	35. _____
16. _____	36. _____
17. _____	_____
18. _____	_____
19. _____	_____
20. _____	_____

**Please send this FORM fully filled out by Tues., March 1st to:  
International Cheer Alliance, B3 – 1410 Parkway Blvd., Box #33, Coquitlam, BC V3E 3J7**



# 2012 SEA TO SKY FEES CALCULATION PAGE

This form is due along with your Registration Form - To calculate your deposit amount, select either option 1 or 2 below.

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## OPTION 1 - PAYMENT BEFORE MARCH 1ST.

If Payment is received and/or postdated by March 9th 2012 (\$75 per athlete attending):

Number of Athletes: _____	X \$75	=	\$ _____
Groups / Pairs / Individuals: _____	X (\$30, \$40 or \$50)	=	\$ _____
Number of Coaches beyond 2 per team: _____	X \$75	=	\$ _____
	<b>TOTAL</b>		<b>\$ _____</b>

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## OPTION 1 - PAYMENT AFTER MARCH 2ND.

If Payment is received and/or postdated AFTER March 9th 2012 (\$85 per athlete attending):

Number of Athletes: _____	X \$85	=	\$ _____
Groups / Pairs / Individuals: _____	X (\$30, \$40 or \$50)	=	\$ _____
Number of Coaches beyond 2 per team: _____	X \$75	=	\$ _____
	<b>TOTAL</b>		<b>\$ _____</b>

Please send this FORM fully filled out by Tues., March 1st to:  
International Cheer Alliance, B3 – 1410 Parkway Blvd., Box #33, Coquitlam, BC V3E 3J7



# 2012 SEA TO SKY SCHOOL TEAMS RULES AND GUIDELINES

## **CATEGORIES/DIVISIONS**

The INTERNATIONAL CHEER ALLIANCE and/or its competition personnel reserve the right to delete, combine, or divide categories and divisions as deemed necessary. An individual may not participate on more than one team within the same category. All athletes must be students at the school they are registered to compete with. The Sea to Sky International Championship will offer both SMALL and LARGE Divisions wherever there is a natural break and need to create more divisions.

## **RULES**

Sea to Sky will follow the 2011-12 AACCA School Cheer Safety Rules, which is written by the American Association of Cheerleading Coaches & Administrators (AACCA). For a complete listing of all AACCA rules and regulations, please visit the AACCA website: [aacca.org](http://aacca.org).

## **SCHOOL DIVISIONS**

- Youth Division Grades 8 and younger with 35 or fewer athletes
- Junior Division Grades 10 and younger with 35 or fewer athletes
- Small Senior Division Grades 12 and younger 15 or fewer athletes – Advanced & Intermediate
- Large Senior Division Grades 12 and younger 16-35 athletes - Advanced & Intermediate
- Sm Sr Coed Division Grades 12 and younger 1-4 males & 35 max - Advanced & Intermediate
- Lg Sr Coed Division Grades 12 and younger 5+ males & 35 max - Advanced & Intermediate

## **ROUTINE REQUIREMENTS**

High School Teams must incorporate a cheer portion into their routine. There is no mandated cheer length requirement. The routine may not exceed 2.5 minutes. Timing will begin on the first note of music, the first word of the cheer, the first organized cheer or the first cheer movement, and will stop with the end of the cheer or last note of the music. A 10 point deduction from the total score will be assessed for going over the total routine time limit.

## **UNIFORMS**

Official School uniforms must be worn. In addition, all participants must wear proper cheerleading shoes with soft non-marking soles. When standing at attention, apparel must cover the midriff.

## **MUSIC**

All teams must provide their own music. Cassettes will not be accepted. CDs must be labeled with the school/team name and category/division. A sound system will be provided. A back-up CD must be available & present at the time of performance. Speed control is not available. Music checks on the main sound system are not permitted. A representative must be present at the sound system at the time of performance. Advisors/coaches are asked to hold onto their own music until the time of performance and to take music back following the performance.

## **ENTRANCE/EXIT**

Judges are looking for enthusiasm and showmanship during entrances and exits. Teams and individuals are encouraged to move on and off the floor as quickly as possible.

## **WARM UP & PERFORMANCE AREA**

Both the warm up and performance areas will have a full 42' X 54' sprung floor with a 2" carpet bonded foam mat on top. Athletes/Teams compete on a Raised Stage. There will be no practicing on the performance floor prior to the competition. All stunts and tumbling must be completed on the mat. A penalty will be assessed for any stunting or tumbling completed off of the mat. You will not receive a penalty if you step off of the mat for a non tumbling or stunting related reason.

## **PERFORMANCE ORDER/SCHEDULES**

Typically, performance order is based on the receipt of registrations. The first registration received will be the last to perform in that division and the last registration received will be the first to perform for the Saturday preliminary round. Adjustments may be necessary due to division/team conflicts. All teams will be given an assigned check-in and warm-up time prior to competition. The "Person to Receive Correspondence" will be sent/emailed a tentative line up with performance times at least 1.5 weeks prior to the competition. These times are subject to change. The final schedule will be available by checking [www.internationalcheeralliance.com](http://www.internationalcheeralliance.com) and performance times will remain the same regardless of scratches. It is the advisor's responsibility to check the schedule for accuracy.

## **FOOD**

There is a food court with various popular and health conscious vendors within the Vancouver Convention & Exhibition Centre. Food / Snacks / water will NOT be permitted inside the host facility.

## **WARM UP & PERFORMANCE AREA**

10 Points will be deducted from the final team score /500 for violations of safety rules and/or time infractions. 10 points will also be deducted from the final team score /500 for EACH occurrence of a safety rule violation or specialty skill/level restriction.



# 2012 SEA TO SKY SCORE SHEET

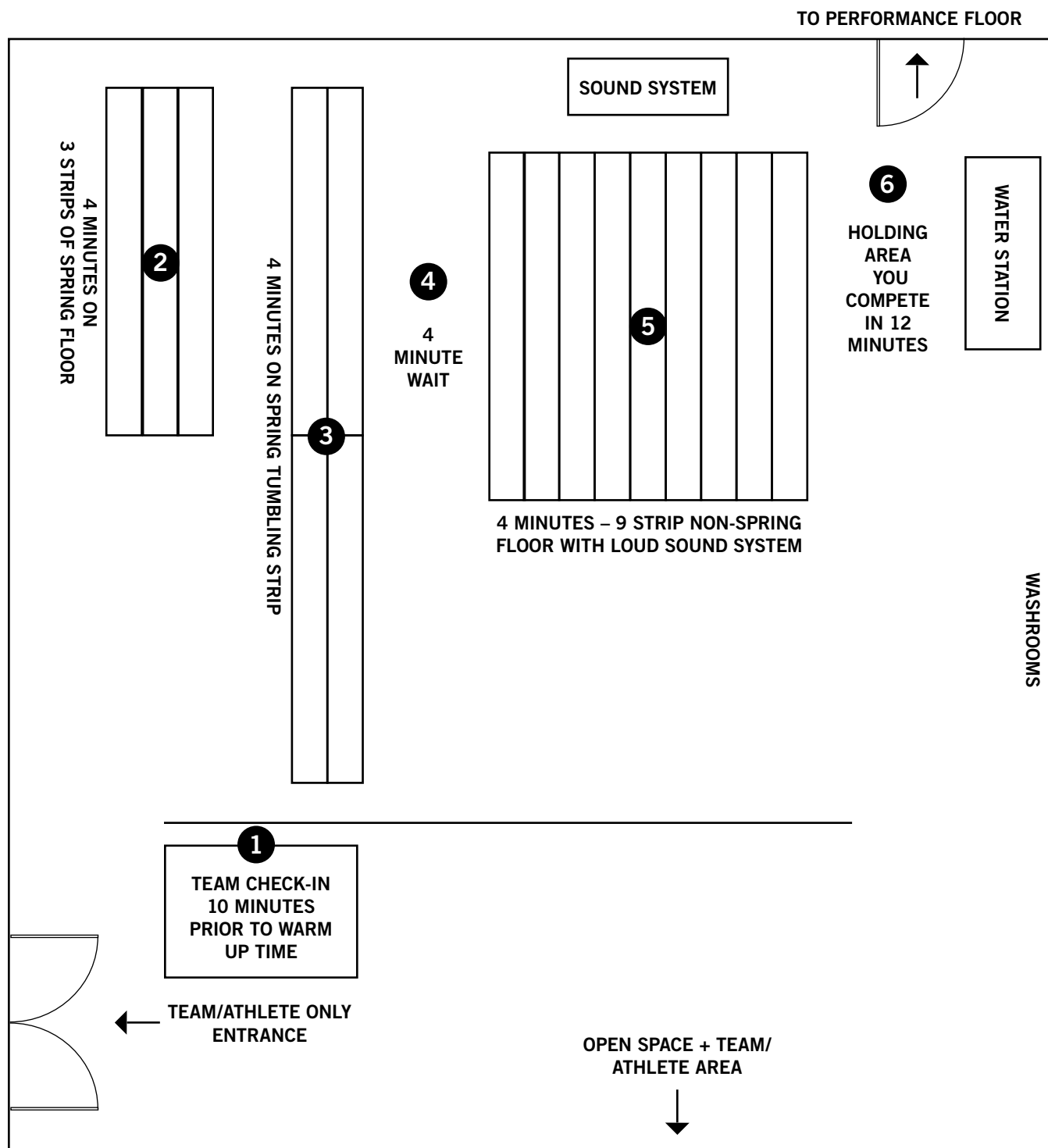
	<b>INTERNATIONAL CHEER ALLIANCE SCORE SHEET</b>	Team _____
	<b>HIGH SCHOOL &amp; ALL STAR LEVEL 1</b>	Division _____
	1 2 3 4 5 6 7 8	Judge Number _____ Initials _____

Value	Cheer Skills	Needs Improvement			Average		Above Average		Excellent		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	SCORE
		2	3	4	5	6	7	8	9	10			
<b>10</b>	Stunts	2	3	4	5	6	7	8	9	10	<input type="checkbox"/> Difficulty	<input type="checkbox"/>	
											<input type="checkbox"/> Execution	<input type="checkbox"/>	
											<input type="checkbox"/> Transitions	<input type="checkbox"/>	
<b>10</b>	Pyramids	2	3	4	5	6	7	8	9	10	<input type="checkbox"/> Difficulty	<input type="checkbox"/>	
											<input type="checkbox"/> Execution	<input type="checkbox"/>	
											<input type="checkbox"/> Transitions	<input type="checkbox"/>	
<b>10</b>	Tumbling	2	3	4	5	6	7	8	9	10	<input type="checkbox"/> Difficulty	<input type="checkbox"/>	
											<input type="checkbox"/> Execution	<input type="checkbox"/>	
											<input type="checkbox"/> Variety	<input type="checkbox"/>	
<b>10</b>	Jumps	2	3	4	5	6	7	8	9	10	<input type="checkbox"/> Variety	<input type="checkbox"/>	
											<input type="checkbox"/> Execution	<input type="checkbox"/>	
											<input type="checkbox"/> Height	<input type="checkbox"/>	
<b>10</b>	Cheer / Motions	2	3	4	5	6	7	8	9	10	<input type="checkbox"/> Sharpness	<input type="checkbox"/>	
											<input type="checkbox"/> Placement	<input type="checkbox"/>	
											<input type="checkbox"/> Execution	<input type="checkbox"/>	
<b>10</b>	Dance	2	3	4	5	6	7	8	9	10	<input type="checkbox"/> Timing	<input type="checkbox"/>	
											<input type="checkbox"/> Execution	<input type="checkbox"/>	
											<input type="checkbox"/> Precision	<input type="checkbox"/>	
<b>10</b>	Transitions/ Formations	2	3	4	5	6	7	8	9	10	<input type="checkbox"/> Spacing	<input type="checkbox"/>	
											<input type="checkbox"/> Flow	<input type="checkbox"/>	
											<input type="checkbox"/> Variety	<input type="checkbox"/>	
<b>10</b>	Choreography	2	3	4	5	6	7	8	9	10	<input type="checkbox"/> Creativity	<input type="checkbox"/>	
											<input type="checkbox"/> Visuals	<input type="checkbox"/>	
											<input type="checkbox"/> Crowd Appeal	<input type="checkbox"/>	
<b>10</b>	Overall Affect	2	3	4	5	6	7	8	9	10	<input type="checkbox"/> Wow Factor	<input type="checkbox"/>	
											<input type="checkbox"/> Showmanship	<input type="checkbox"/>	
<b>10</b>	Difficulty & Execution	2	3	4	5	6	7	8	9	10	<input type="checkbox"/> Clean	<input type="checkbox"/>	
											<input type="checkbox"/> Routine Hit	<input type="checkbox"/>	
											<input type="checkbox"/> Sold Routine	<input type="checkbox"/>	
<b>100</b>	Additional Comments												
													TOTAL



# 2012 SEA TO SKY WARM UP ROOM

Teams will be asked to check in 10 minutes before their scheduled warm up times. Teams have 16 minutes in the warm up area and then they compete 12 minutes after their final 4 minutes on the full 9 strip warm up floor. There will be a water station made available for athletes when coming off of the floor, before going into the holding area.





# 2012 SEA TO SKY LIABILITY RELEASE AND WAIVER FORM

**GIVE A COPY OF THIS FORM TO EVERY PARTICIPANT - Bring this Form with you to the event. Do NOT mail it in ahead of time. Every participant must have a completed and signed release form to turn in at registration in order to participate.**

Minor's Name: \_\_\_\_\_ Name of Parent/ Legal Guardian: \_\_\_\_\_

Address: \_\_\_\_\_ School/ Team Name: \_\_\_\_\_

City, Province/State, Postal Code/Zip: \_\_\_\_\_ Division: \_\_\_\_\_

Daytime Phone Number: \_\_\_\_\_ Cell Phone while at event: \_\_\_\_\_

Evening Phone Number: \_\_\_\_\_ Event Date is March 30th - April 1st, 2012.

Liability Release: For good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, I \_\_\_\_\_ as parent or legal guardian of \_\_\_\_\_, a minor (hereinafter "Minor"), hereby grant the permission necessary to allow Minor to participate in the above Event to be conducted by The International Cheer Alliance. I, in my own behalf and on behalf of Minor, further agree to release and to hold harmless The Sea to Sky International Cheerleading Championship, the Hosting site, (Vancouver Convention and Exhibition Center) on whose premises the Event will occur, the affiliates of The National Highschool Spirit Federation is a not for profit corporation ("NHSF"), U.S. All Star Federation, Inc., a not for profit corporation ("USASF"), American Association of Cheerleading Coaches and Administrators, Inc., a not for profit corporation ("AACCA") and the respective directors, officers, representatives, members, agents and employees of the International Cheer Alliance and their respective affiliates (hereinafter collectively "Releasees") from any and all liability whether caused by negligence of the Releasees or otherwise for any claim, judgment, loss, liability, cost and expenses (including, without limitations, attorney's fees and costs) arising out of or connected with the Event, including any claim arising out of or connected with any illness or injury (minimal, serious, catastrophic and / or death) that Minor may incur or sustain during the Event, all activities associated with the Event and while traveling to and from the site for the Event whether or not the Event actually occurs. I further expressly agree to indemnify and hold harmless Releasees and Releasees' heirs, successors, assigns, executors and administrators against loss from any further claims, demands or actions that may subsequently be brought by Minor or by any other persons on the account of damages of any character resulting to Minor in any way from the foregoing activities. I further agree to reimburse and to make good to Releasees any loss or costs Releasees may have to pay as a result of any such action, claim or demand.

I, in my own behalf and on behalf of Minor, hereby warrant that I have read this Liability Release in its entirety and fully understand its contents. I, in my own behalf and on behalf of Minor, am aware that this Liability Release releases Releasees from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, in my own behalf and on behalf of Minor, further acknowledge that nothing in this Liability Release constitutes a guarantee that the Event will occur. I, in my own behalf and on behalf of Minor, have signed this document voluntarily and of my own free will.

Signature of Parent or Legal Guardian: X \_\_\_\_\_ Date: \_\_\_\_\_

Supervision: A chaperone/Adult (age 21 and over) is required to attend with participants. This Chaperone will be responsible for the participants at all times. The International Cheer Alliance is not responsible for participants' supervision.

Appearance Agreement: I understand that the International Cheer Alliance from time to time produces promotional material relating to its programs. I understand that as participant and/ or a spectator at the Event that Minor may be included in videotapes, DVDs, podcasts and videocasts or photographs taken during the Event. Therefore, without reservation or limitations, I, in my own behalf and on behalf of Minor, hereby assign, transfer and grant International Cheer Alliance, its successors, assignees, licensees, sponsors, any television networks, and all other commercial exhibitors the exclusive right to photograph and / or videotape Minor and to utilize such videotapes and photographs and Minor's name, face likeness, voice and appearance as a part of the Event or in any other media now in existence or hereafter developed, in advertising and promoting the Event, in advertising and promoting similar future events or in advertising and promotions relating to the Sea to Sky Championships and/or the International Cheer Alliance, in general without reservations and limitations.

Medical Release: I, in my own behalf and on behalf of Minor, acknowledge and agree that such participation subjects Minor to possibility of physical illness or injury (minimal, serious, catastrophic and/ or death) and that I, in my own behalf and on behalf of Minor, acknowledge that Minor is assuming the risk of such illness or injury by participating in the event. In the event of such illness or injury, I authorize The International Cheer Alliance to obtain necessary medical treatment for Minor and hereby, in my own behalf and on behalf of Minor, release and hold harmless Releasees in the exercises of this authority. I further acknowledge and understand that I will be responsible for any and all medical and related bills that may be incurred on behalf of Minor for any illness or injury that Minor may sustain during the Event and while traveling to and from the site for the Event whether or not the Event actually occurs.

I represent that any medication to which Minor is allergic or medications that Minor is currently taking are listed below. I agree that Minor shall bring medications which Minor is currently taking with him / her to the Event and that he / she shall consume the prescribed dosage for such medications.

Medications (if any): \_\_\_\_\_

Allergic to (if any): \_\_\_\_\_

I acknowledge that the Minor suffers from the following conditions: \_\_\_\_\_

I, in my own behalf and on behalf of Minor, hereby warrant that I have read this Participant Release and Waiver Form in its entirety and fully understand its contents. I, in my own behalf and on behalf of Minor, am aware that this Participant Release and Waiver Form releases Releasees from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, in my own behalf and on behalf of Minor, further acknowledge that nothing in this Participant Release and Waiver Form constitutes a guarantee that the Event will occur. I, in my own behalf and on behalf of Minor, have signed this document voluntarily and of my own free will.

Signature of Parent or Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to Minor: \_\_\_\_\_ Minor SS# or Health Card #: \_\_\_\_\_

Minor's Birth date: \_\_\_\_\_

I, \_\_\_\_\_ identified above as Minor, acknowledge that I have read this Release and Waiver form.

Signature of Minor: \_\_\_\_\_ Date: \_\_\_\_\_